

Play to Learn

Painting and Colouring

What?

- 1) Create an opportunity for your child to draw or paint (on paper, cardboard, sidewalk, etc.)
- 2) Inspire your child by reading a story like "Harold and the Purple Crayon" or play classical music like "Flight of the Bumblebee." You can even watch Miss Diana reading "The Dot" and making her own artwork - <https://youtu.be/THUky2W8L-g>
- 3) Encourage your child to get creative!



Miss Diana's dot and squiggle art

Why?: The Benefits of Colouring

- *develops fine motor skills for future printing
- *promotes emotional development
- *experience the joy of creating through experimenting with patterns, design, colour, form and rhythm
- *helps children to learn and practice skills like cause and effect (blending and mixing colours)
- *promotes and preserves uniqueness, creativity and imagination
- *helps children grow an appreciation of art
- *encourages self expression

Homemade Paint Pucks

- 4 tbsp baking soda
- 2 tbsp white vinegar
- 1/2 tsp golden corn syrup
- 2 tbsp cornstarch
- Food colouring

- 1) Mix baking soda and vinegar together
- 2) Add corn syrup and cornstarch and mix until dissolved
- 3) Pour into mini muffin tins or ice cube trays
(keep stirring as you pour to keep mixture from thickening)
- 4) Add 5-6 drops of food colouring to each compartment and mix
- 5) Let paint set for 24-48 hours
- 6) When pucks are dry, dip a paintbrush into water and create!



Homemade Watercolour Paint

Don't throw out your old markers! Old markers still have loads of ink in them.

Simply place your markers into water (ink side down and same colours together), let sit and voila! Watercolour paint!