Play to Learn

My Name Rocks!

What?

1) Tell your child the story of their name (this may include why it was chosen and/or the meaning of their name)
2) Place “letter stones” for each letter of their name into a container
3) Have your child match the letter to the same letter on a name card template

How?

- use a marker, chalk or paint to write each letter of your child’s name onto a stone or small square piece of paper
- create a “name template” on a separate piece of paper (use an upper-case for the first letter and lower-case for all other letters when making the letter stones/tiles and name card template)
- place all letter stones/tiles into a hat, bag or container
- say the letter and the phonetic sound each time your child removes a letter from the container
- repeat until their name is complete

Why?

*fosters social and emotional connection
*promotes a positive and unique self-image
*builds understanding of literacy and communication
*develops fine motor and hand eye coordination skills

Where?

In a comfortable quiet place either inside or outside. A tray can be used to create a flat contained surface outside. If your child is forming their own letters, a seat at a table is perfect!